

Ride Guide

Ride Name: Mississippi Blues Heritage Trail Run

Ride Level: Advanced

Date: March 12, 2012 – March 18, 2012 (7 days, 6 nights)

Rain Date: None

Ride Lead: David Rothman

Description: This will be a ride that will challenge endurance and skill that will take riders down the Blue Ridge Parkway and selected US Hwys notable for their twistiness. Then onward through eastern Tennessee to Interstate Hwy to Nashville where we follow the Natchez Trace Parkway to Tupelo, MS. From Tupelo, where we begin with the birthplace of Elvis Presley, we will travel rural US Hwys and state roads to stops at various road markers along the Mississippi Blues Heritage Trail that commemorate various people, places and events significant to the history of the blues. The final aspect of the ride prior to two hard days on Interstate Hwys home will be Friday night bar hopping on Beale Street of Memphis, TN where fabulous music pours out of every door.

Departure Time: 9:30am March 12, 2012 (arrive by 8:30 for breakfast)

Departure Location: Frost Diner, Warrenton, VA

Destination: Mississippi Delta Region, Memphis, TN

Miles: 2,200mi

Lodging: various motels-see attached

Lodging Cost: \$285 (calculated using Kayak at most economical available)

Other Costs: Fuel: \$206 (calculated at 40mpg @ \$3.75/gal)

Ride Guide

Route Information:

Day 1- Warrenton, VA to Roanoke, VA 201 mi, 5 hours 20 mins
 Ramada - \$42

Day 1 features – Breakfast at the Frost Diner in Warrenton; Roads –Blue Ridge Parkway

http://maps.google.com/maps?saddr=Warrenton,+VA&daddr=US-250+E%2FIvy+Rd+to:US-250+W%2FRockfish+Gap+Turnpike+to:Blue+Ridge+Pkwy+to:Blue+Ridge+Pkwy+to:Blue+Ridge+Pkwy+to:Blue+Ridge+Pkwy+to:Blue+Ridge+Pkwy+to:VA-43+N%2FBlue+Ridge+Pkwy+to:Blue+Ridge+Pkwy+to:Blue+Ridge+Pkwy&hl=en&sll=37.26531,-79.870605&sspn=0.292355,0.673599&geocode=FWy4TgIdOfBc-yn_7CP8dny2iTEzooNdvO7v2w%3BFRbCRAId4TJQ-w%3BFYZORAIdNJFO-w%3BFWcKQwIdHaxL-w%3BFX15QgIdVzBJ-w%3BFOESQIdb95H-w%3BFclFPwIdJJtF-w%3BFQb5PAId-6hD-w%3BFa9kOwIdEUxB-w%3BFYzqOwIdaHpA-w%3BFX8bOgIdRsI9-w%3BFS7xOAIId8Y09-w&vpsrc=0&mra=ls&t=m&z=8

Day 2 – Roanoke, VA to Cookeville, TN 392 mi, 7 hours 24 mins
 Knights Inn - \$34

Day 2 features – Roads – Blue Ridge Parkway; US 221; US 58 – interstate hwy to Cookeville

<http://maps.google.com/maps?saddr=Blue+Ridge+Pkwy&daddr=Blue+Ridge+Pkwy+to:US-221+S%2FFloyd+Hwy+N+to:US-221+S%2FFloyd+Hwy+S+to:US-58+W%2FHighlands+Pkwy+to:Cookeville,+TN&hl=en&sll=36.550466,-81.694336&sspn=0.590212,1.347198&geocode=FXjjiOAIIdHos9-w%3BFRSQNWIdgTg7-w%3BFazpNQIdvF85-w%3BFbwtMgIdmh4z-w%3BFXyPLgIdTpMj-w%3BFRfNJwIdNlnn-ilZTPEMpxhniDEdXkDq58xOLw&vpsrc=0&mra=ls&t=m&z=7>

Day 3 – Cookeville, TN to West Point, MS 326 mi, 6 hours 21 mins
 Days Inn - \$43

Day 3 features – interstate hwy to Nashville – Roads – Natchez Trace Parkway; Blues Markers – Elvis Presley Birthplace; Howlin’ Wolf Birthplace

<http://maps.google.com/maps?saddr=Cookeville,+TN&daddr=Natchez+Trace+Pkwy+to:Tupelo,+MS+to:%4033.604697,-88.646616&hl=en&sll=35.225985,-87.105305&sspn=2.292809,5.388794&geocode=FRfNJwIdNlnn-ilZTPEMpxhniDEdXkDq58xOLw%3BFUgOJQId08vQ-g%3BFce6CgIdZn62-imhX94pLkyHiDFPnT37QMzx5w%3BFVnEAAIdKFy3-g&vpsrc=0&mra=ls&t=m&z=7>

Day 4 – West Point, MS to Cleveland, MS 255 mi, 5 hours 25 mins
 Econo Lodge - \$65

http://maps.google.com/maps?saddr=%4033.604697,-88.646616&daddr=%4033.563108,-90.215355+to:33.454646,-90.386238+to:%4033.196627,-90.508053+to:%4032.908019,-90.876514+to:%4033.405270,-90.897639+to:%4033.729685,-90.616575&hl=en&ll=33.456651,-89.840698&spn=1.225914,2.694397&sll=33.57115,-90.675659&sspn=1.224292,2.694397&geocode=FVnEAAIdKFy3-g%3BFeQhAAIdRWyf-g%3BFTZ6_gEdwtCc-g%3BFVOK-gEd6_Sa-g%3BFfMi9gEdnlWV-g%3BFVa5_QEdGOOV-g%3BFZWsAgIdAU2Z-g&vpsrc=6&dirflg=h&mra=pr&t=m&z=9

Day 5 – Cleveland, MS to Memphis, TN 150 mi, 3 hours 25 mins
 Econo Lodge - \$51

http://maps.google.com/maps?saddr=%4033.729685,-90.616575&daddr=%4033.829357,-90.298004+to:%4033.918497,-90.496874+to:%4034.014448,-90.431954+to:%4034.158795,-90.546597+to:%4034.199455,-90.571235+to:%4034.263025,-90.632535+to:34.46619,-90.44707+to:Memphis,+TN&hl=en&sll=34.43852,-90.346775&sspn=2.314883,5.388794&geocode=FZWsAgIdAU2Z-g%3BFe0xBAIdbCme-g%3BFSGOBQIdliCb-g%3BFfAEBwIdLh6c-g%3BFcs4CQIdW16a-g%3BFZ_XCQIdHf6Z-g%3BFfHPCgIdQ6Z-g%3BFY7pDQIdIuOb-ilPfGIOf80qhjE5RiL4IP7keA%3BFd5WGAIdLPah-ilFI0PqHn7VhzH-thpgFfOT0Q&vpsrc=0&dirflg=h&mra=ps&via=7&t=m&z=8

OLD LINE

Motorcycle Club

Ride Guide

Days 6 & 7 – Memphis, TN – Washington, DC 876 mi, 14 hours 10 mins

America's Best Value Inn (Kingsport, TN) - \$50

<http://maps.google.com/maps?saddr=Memphis,+TN&daddr=Washington,+DC&hl=en&sl=37.082155,-83.542645&sspn=9.371523,21.555176&geocode=Fd5WGAIcLPah-ilF10PqHn7VhzH-thpgFfOT0Q%3BFQh-UQIdsoRo-ylb5PZa3sa3iTEqXYjUIkVSwg&vpsrc=0&mra=ls&t=m&z=6>

Total calculated miles – 2200 (approx cost at 40mph at \$3.75/gal=\$206.25)

Total calculated lodging cost - \$285

Ride Notes: The success of this ride will depend on being able maintain the proposed schedule which does include a couple of pretty long days. Weather will not be a factor unless there is snow and or extremely cold weather.

Other Notes: Mississippi Blues heritage Trail link www.msbluestrail.org

ⁱ End of Ride Guide